



Fellowship of Desert Athletes - Angels Elite VBC

PLAYER/Parent or Guardian Contract

As a student athlete, I (athlete's full name) understand that volleyball is a team sport and that my obligations to my team include:

1. I will attend all scheduled practices and games and will be on time. If I am late to practice, I will text or call the coach DIRECTLY.
2. If I am missing a game, I will inform my coach ASAP so that she/he can adjust the lineup. (Excuses are granted in VERY limited circumstances—usually in the event of illness, emergency, or previously approved conflict.)
3. I understand that time management is my responsibility and that homework is not considered an appropriate excuse to miss a game or practice.
4. If I am involved in other sports or extracurricular activities, I will communicate with Coach to create a plan that allows me to fulfill my commitment to the volleyball team and season..
5. I will be courteous to my teammates and treat all players and coaches with respect at all times. If I don't, I will not play.
6. I will be coachable. I will accept feedback because I know it will help me become the best player I can be.
7. I understand that playing time will not be equal and that it is earned by hard work, performance, attitude, circumstance, ability, and compatibility. During BENCH TIME, I will maintain the same focus and enthusiasm as when in the game. I will keep my head in the game at every moment and be ready to come in at any opportunity.
8. I will only post positive comments that support my teammates, Fellowship of Desert Athletes - Angels Elite Volleyball Club, as well as my competitors on social media sites (such as Facebook, Instagram, Twitter, etc.).
9. As an Angels Elite Volleyball player, I will be on my best behavior at all times. I understand that inappropriate language will not be tolerated. I will report any team concerns and player issues to my coach.
10. I will respect the referees. I will never question a call or respond disrespectfully. Any questions will come from the coaching staff only.
11. I understand that as a student athlete, I am required to conduct myself as a leader, and I will represent my team and my teammates by adhering to all school and team rules. I will always refrain from alcohol or drug use. Any discipline referrals will result in punishment or dismissal from the team.
12. As a team player, I will always focus on effort, team, and attitude, not wins and losses. I will win with humility and lose with dignity. I will celebrate every great play and brush off lost points.
13. I will make sure that I have fun and enjoy the game!

Athlete (signature):_____ Date:_____

Parent/Guardian(signature):_____ Date:_____



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PARENT or GUARDIAN/Player Contract

As a parent/guardian of, (athlete's full name) I understand that my role as a parent/guardian is to encourage and support my athlete to be the best team player she can be, regardless of her role on the team.

1. I will always model good sportsmanship by the way I treat all athletes, coaches, officials, administrators, and other fans.
2. I will be a supportive parent and be positive about my athlete's playing experience. I will also support her teammates, coaches, and parents inside and outside the gym. I understand that only positive comments about a player, coach, or competitor should be posted on public websites and social media.
3. I will insist that my student athlete always demonstrate good sportsmanship and treat other athletes, coaches, officials, administrators, and fans with respect.
4. I will always refrain from coaching my athlete immediately before, during, and immediately after games..
5. I acknowledge that not every player will receive equal playing time and that those decisions will be made by the coaches without input from parents. I agree to allow my player to discuss playing time with her coach if she seeks to do so on her own.
6. I will encourage my athlete to resolve any issues on her own before I get involved. I understand this is part of her growth process. When I need to communicate concerns to the coaches, I understand that I should not do this during practices, and immediately before or after games.
7. I understand there is a "no contact for 24 hours" rule following competitive play. This rule states there will be no contact with coaches following a game or tournament after the triggering event. Cooler heads are inevitably more productive. Any concerns the parent may have will be addressed AFTER the 24-hour period following the game or tournament. At NO time will I attempt to discuss any issue with the coach around the players, spectators, or other parents.
8. Media: I authorize Angels Elite VBC to print, publish, my athlete's name and photo to media such as Facebook, Instagram, TikTok, and our website, etc, in addition to team finishes and achievements.
9. I will support my athlete in the team's fundraising efforts. I understand that this is her responsibility, and I will follow up with her to be sure she is doing her part. I will become familiar with these responsibilities and volunteer to help in the needed capacity.
10. Please select here to either OPT-IN or OPT-OUT of fundraising efforts for your athlete:
_____Opt-IN _____Opt-OUT
11. I will support Fellowship of Desert Athletes - Angels Elite Volleyball Club by assisting or serving in various volunteer opportunities as much as possible and by making efforts to secure sponsorships that will support the needs of Angels Elite Volleyball Club.

Parent/Guardian full name (print):_____

Parent/Guardian(signature):_____ Date:_____